



 CaroMont Health

Care, uncompromised.

2015 COMMUNITY REPORT





Contents

- 3 Introduction**
- 4 A Message from the Board**
- 6 CaroMont at a Glance**
 - How We Care
 - Who We Are
 - A Comprehensive Continuum of Care
 - A Year in Numbers
 - Our Leadership
- 17 Continuous Improvement**
 - Highly Reliable Healthcare
 - Clinically Led, Professionally Managed
 - Medicare Shared Savings Program
 - Hard Work, Rewarded
 - Regional Excellence in Nursing
 - CaroMont Health's Nightingale Award
- 25 Strategic Investment**
 - Defining Our Legacy
 - Expanding Our Emergency Services
 - Investing in the Future of Healthcare
 - Research for a Healthier Tomorrow
 - Recruiting and Retaining Top Physicians
- 31 CaroMont Health Foundation**
 - Making a Difference
 - A Banner Year for Team CaroMont
 - Banding Together for Community Health
 - 2015 Grant Recipients
 - 2015 Scholarships Recipients
 - Artistic Collaboration for Mount Holly
 - Naming of the Physicians' Lounge
- 43 Community Engagement**
 - Partnering for a Healthier Region
 - Ambassadors for Community Health
 - 2nd Annual Community Challenge
 - Unveiling Our Veterans Monument
- 49 Gaston Hospice**
 - Compassionate Care, Year-Round
 - Driving Hospice Success
 - 2015 Program Highlights
 - Bereavement and Spiritual Care
- 55 In Closing**
- 56 Donors**



Unwavering. Unparalleled. Unyielding. Uncompromising.

The era of modern medicine has brought a remarkable range of breakthroughs, treatments and technologies. Yet, in the midst of incredible advances, the human aspect of healthcare can be lost. It's as if there's now a necessary compromise: either deliver exceptional medicine or deliver personal, compassionate care.

CaroMont Health refuses to compromise.

Throughout the past year, we've invited people to find out how we care. It's in how we treat patients, in our comprehensive focus on health and well-being. We're committed to delivering world-class medicine and personal care for our community.

It's personal attention that only a local organization can provide. It's state-of-the-art facilities that still feel welcoming and hospitable. It's engaging our community as a true partner, investing in our region's health and future and constantly—tirelessly—improving the support we deliver to our friends, families and neighbors in and around Gaston County.

It's care, uncompromised.

We've been fully engaged in caring for Gaston County and the surrounding region, unwavering in our promise of uncompromised care to those we serve.



William "Gus" Anthony
Chairman, CaroMont Health
Board of Directors

It is my privilege to present CaroMont Health's 2015 report to the community. As I reflect on the past year at CaroMont, it was truly a year of growth and collaboration, a year of innovation and commitment. Most of all, it was another year for all of us associated with CaroMont Health to work toward improving the health of all citizens of our community. We are proud of all our team has accomplished in pursuit of individual health and a vibrant community.

In this 2015 report, you'll find that CaroMont's philosophy of care plays three distinct roles. It's a health system that strategically invests in the future of healthcare, from research to education. It's an active community partner, driving programs that encourage healthy choices even before patients walk through our doors. It's a dynamic organization on a path of continuous improvement, delivering both world-class medicine and compassionate, personal care—not simply one or the other.

The fiscal year ending June 30, 2015 saw CaroMont Health living its vision to be a nationally recognized leader and valued community partner. The last 12 months have been filled with many successes. In ways large and small, serious and exuberant, we've been fully engaged in caring for Gaston County and the surrounding region, unwavering in our promise of uncompromised care to those we serve.

On behalf of the Board of Directors of CaroMont Health, I thank you for your support. I encourage you to join us as we celebrate a successful year and continue to make great strides toward a healthy future.



How We Care

OUR VALUES

Our set of CARES values is used as a barometer for how we treat our patients, how we work with one another and how we move CaroMont forward as a sustainable organization for our community.

COMPASSION

- Respect for the individual.
- Anticipate and be attentive to the needs of those we serve.
- Come to work with a positive attitude.
- Make eye contact, smile and greet everyone in all areas of the organization.
- Demonstrate empathy and treat others the way they want to be treated.

ACCOUNTABILITY

- Integrity; apologize when appropriate.
- Find better, faster, less expensive ways to do things while always focusing on our patients' needs.
- Determine who is going to do what, when and how.
- Make decisions wisely; consider all ways to handle the issue.
- Take ownership of actions and decisions; ask myself how I am contributing to the problem.
- Follow the CaroMont Health Code of Conduct.

RESPECT

- Demand open communication.
- Teamwork; support smooth interdepartmental and intradepartmental work flow.
- Identify and push for solutions in which all parties can benefit.
- Effectively share thoughts and ideas, in both verbal and written ways.
- Promote and generate cooperation and teamwork.
- Participate willingly toward accomplishing group goals.

EXCELLENCE

- Honor innovation by generating new ideas, processes, methods, systems, products or services.
- Carefully monitor the details and quality of your work; things are done right, thoroughly and precisely.
- See obstacles as challenges; approach them with a positive 'can-do' attitude.
- Set and meet challenging objectives regularly.

SAFETY

- Continuously focus on Quality Patient Care.
- Commit to creating and maintaining a clean, safe environment for everyone.
- Honor our Just Culture.



“Everyone was happy to help and it was just really comforting, especially when you’re a first-time mom. The worries are taken out of the equation, you come in and you are taken care of. You’re part of the family when you walk in and you’re part of the family when you walk out.”

Dawn Cook
Gaston Women's Healthcare
and Birthplace Patient



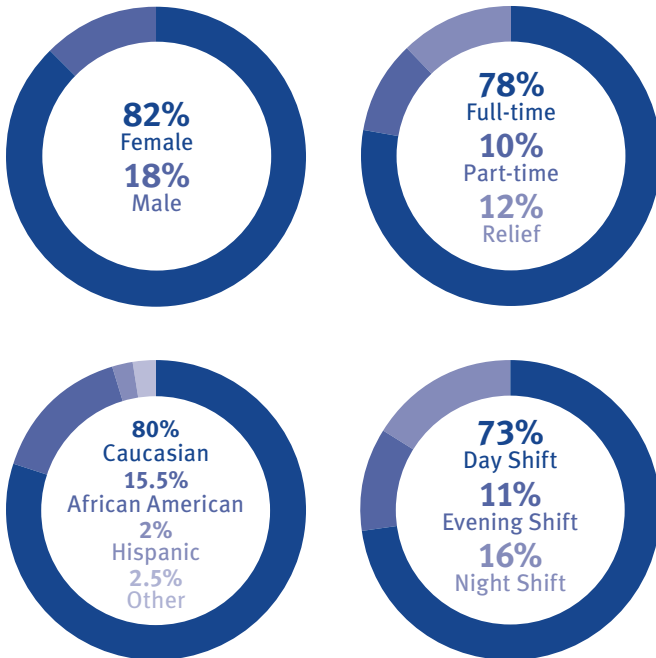
Who We Are

WORKFORCE

Nearly 4,000 caregivers giving all we can for the good of the community.

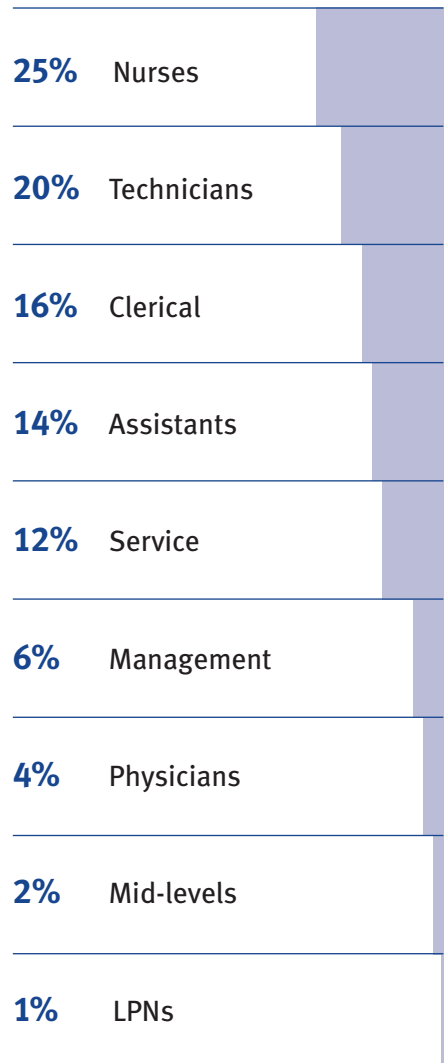
3,977

TOTAL EMPLOYEES



EMPLOYEE SNAPSHOT

OUR TEAM, BY FUNCTION:



450+

**PHYSICIANS AND
ADVANCED CARE PRACTITIONERS**

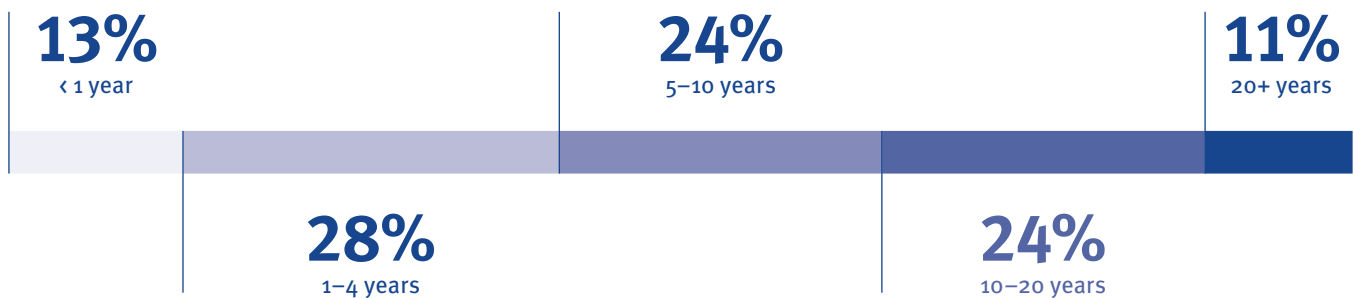
171

Employed Physicians

1,082

Registered Nurses

EMPLOYEE TENURE WITH CAROMONT HEALTH:



GIVING EMPLOYEES ROOM TO GROW:

130

Registered Nurses
on Career Ladder

40

Allied Health Staff
on Career Ladder

THANK YOU!

255

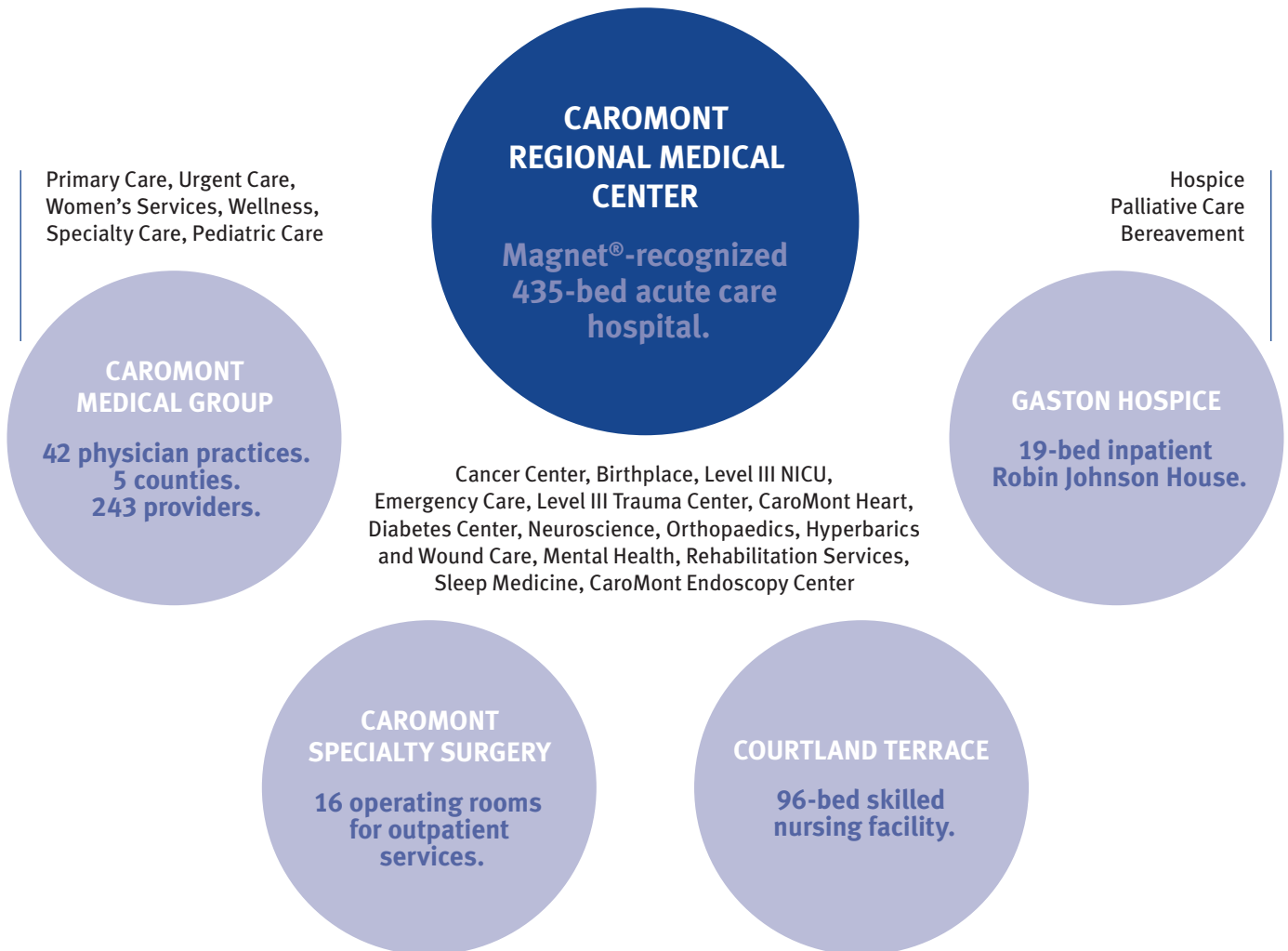
VOLUNTEERS THIS YEAR

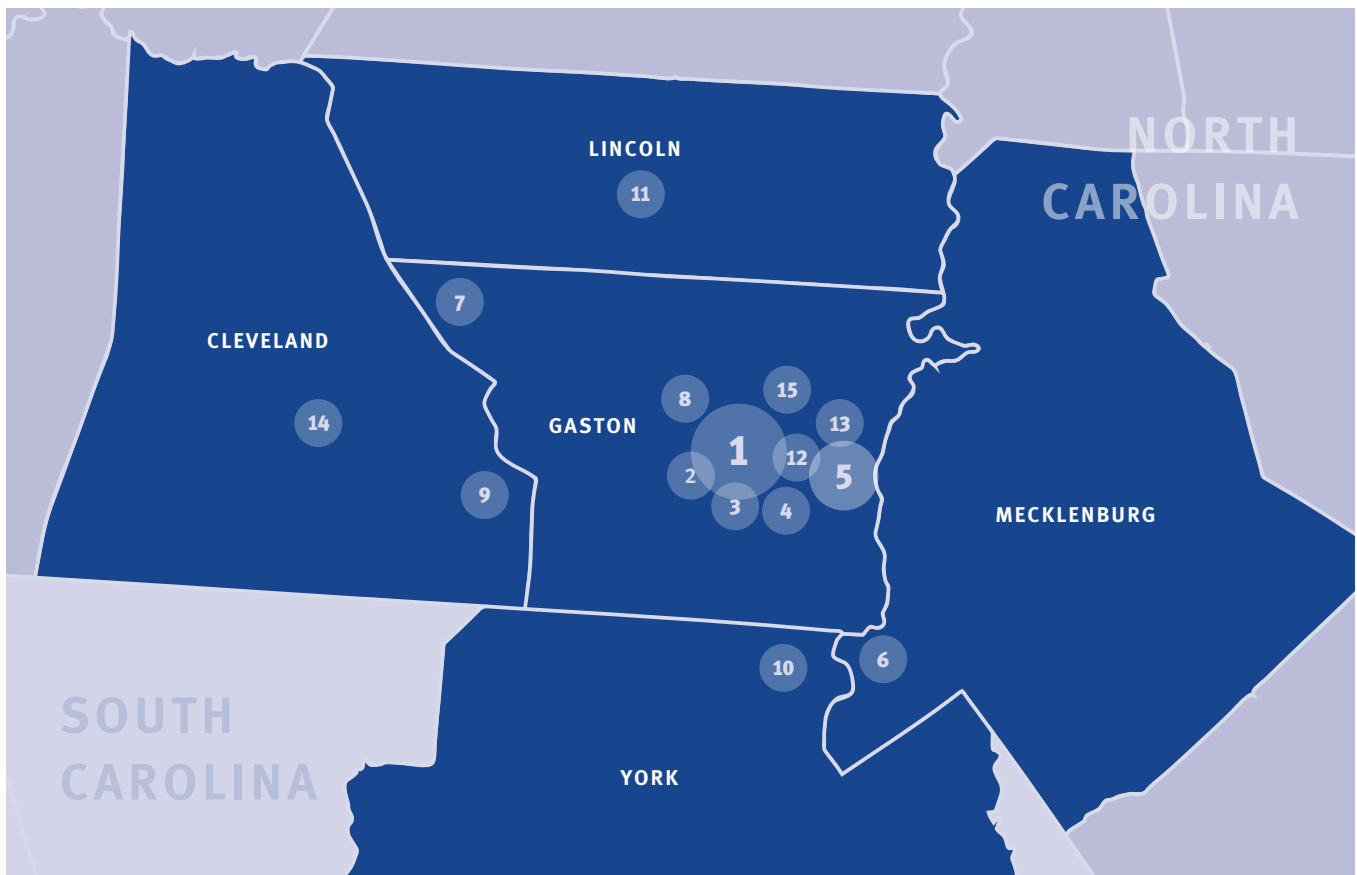
A Comprehensive Continuum of Care

SERVICES & LOCATIONS

CaroMont is one of the leading healthcare organizations in the region, offering a broad range of medical services.

As a healthcare provider with deep local roots, we provide care that meets patients’ needs in convenient locations across the region. Whether a patient’s medical concern requires immediate attention from award-winning surgeons or they’re seeking a new primary care physician for their family, CaroMont provides the full spectrum of state-of-the-art care when—and where—they need it.





1 GASTONIA

Gaston Memorial Medical Park
 Adult Primary & Preventive Medicine
 Carolinas Plastic Surgery Center
 CaroMont Breast Surgical Specialists
 CaroMont Cancer Center
 CaroMont Critical Care Specialists
 CaroMont Dermatology
 CaroMont Endoscopy Center
 CaroMont Family Medicine
 CaroMont Gastroenterology & Hepatology
 CaroMont Health & Fitness Center
 CaroMont Heart
 CaroMont Hyperbaric and Wound Center
 CaroMont Imaging Services
 CaroMont Integrated Pain Specialists
 CaroMont Internal Medicine
 CaroMont Pediatric Partners
 CaroMont Perinatal
 CaroMont Psychiatric Associates
 CaroMont Neurosurgery - Spine
 CaroMont Regional Medical Center
 CaroMont Rheumatology
 CaroMont Surgical Associates
 Courtland Terrace
 Endocrinology Associates
 Gaston Neurological
 Gaston Women's Healthcare
 Gastonia Surgical Associates
 ID Associates
 The Hand Center of the Carolinas

2 GASTONIA

Ashley Women's Center
 Gaston Hospice

3 GASTONIA

CaroMont Family Medicine—Gaston Day
 CaroMont Urgent Care—Gaston Day

4 GASTONIA

Gaston Family Medicine

5 BELMONT

Ashley Women's Center
 CaroMont Endoscopy Center
 CaroMont Family Medicine
 CaroMont Heart
 CaroMont Imaging Services
 CaroMont Pediatric Partners
 CaroMont Rheumatology
 Endocrinology Associates
 South Point Family Practice

6 CHARLOTTE—STEELE CREEK

CaroMont Family Medicine
 CaroMont Urgent Care

7 CHERRYVILLE

CaroMont Family Medicine

8 DALLAS

Robin Johnson House

9 KINGS MOUNTAIN

CaroMont Family Medicine

10 LAKE WYLIE

CaroMont Family Medicine

11 LINCOLNTON

CaroMont Heart
 Lincoln Cancer Center

12 MCADENVILLE

CaroMont Family Medicine

13 MOUNT HOLLY

CaroMont Regional Medical Center
 Discover YOU!
 South Point Family Practice

14 SHELBY

CaroMont Family Medicine
 CaroMont Heart
 Endocrinology Associates

15 STANLEY

CaroMont Family Medicine
 South Point Family Practice



A Year in Numbers

FINANCIAL DATA

\$500

MILLION

Net Patient Service Revenue

\$509

MILLION

Total Net Operating Revenue

\$480

MILLION

Total Operating Expense

FINANCIAL NUMBERS FOR FISCAL YEAR 2015

| | |
|---|----------|
| Operating Income | \$28.9M |
| Net Non-Operating Revenue | \$21.1M |
| Excess Revenue Over Expense | \$50M |
| Unrestricted Cash and Investments | \$614.2M |
| Total Debt | \$194.2M |
| Total Net Assets | \$714.5M |
| Charity Care | \$39.6M |
| Bad Debt | \$51.6M |

UNREIMBURSED COST OF CARE FOR FISCAL YEAR 2015

| | |
|---|---------|
| Total Unreimbursed Healthcare Costs | \$85.3M |
| Charity Care | \$9.8M |
| Medicare and Medicaid | \$56.2M |
| Bad Debt | \$19.3M |

\$7.9

MILLION

Total Community Benefits

COMMUNITY BENEFITS

| | |
|--|--------|
| Community Health Improvement Services and Community Benefit Operations | \$1.7M |
| Health Professions Education | \$2.8M |
| Cash and In-kind Contributions to Community Groups | \$1.5M |
| Community Building Activities | \$1.2M |
| Research | \$0.7M |

CaroMont Health Board of Directors



William "Gus" Anthony
Chairman



W. Michael Dickson
Vice Chairman



Barry M. Pomeroy
Secretary



James R. Beam
Treasurer



G.E. "Ward" Adcock, III, MD
Chief of Staff

“Our team at CaroMont Health is committed to building a healthy, strong Gaston County, one patient at a time.”

G.E. Ward Adcock, III, MD
Chief of Staff



James W. Bailey
Board Member



Annette Carter
Board Member



Pearl Burris-Floyd
Board Member



J. Christopher Howell
Board Member



Donnie Loftis
Board Member



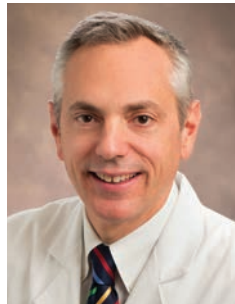
Charles J. Meakin, III, MD
Board Member



K. Christopher Peek
Board Member



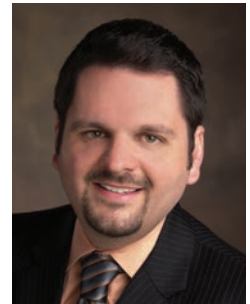
Holt Robinson
Board Member



Patrick Russo, MD
Board Member



Rodney Smith, MD
Immediate Past Chief of Staff



R. Jason Williams
Commissioner

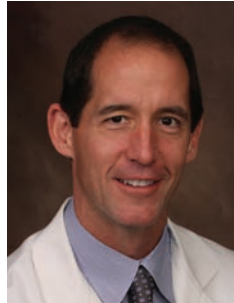
Senior Leadership



Douglas Luckett
President and
Chief Executive Officer



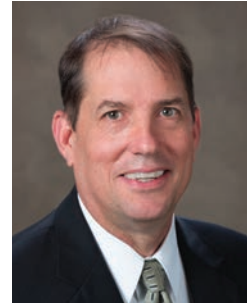
Kathleen Besson
Executive Vice President,
Chief Operating Officer



Todd Davis, MD
Executive Vice President,
Chief Medical Officer



Maria Long
Executive Vice President,
Chief Legal Officer



David O'Connor
Executive Vice President,
Chief Financial Officer



Richard Blackburn
Vice President, Diagnostic
and Support Services



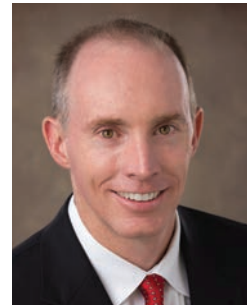
Mike Johnson
Vice President,
Chief Information Officer



Libby McCraw
Vice President,
Human Resources



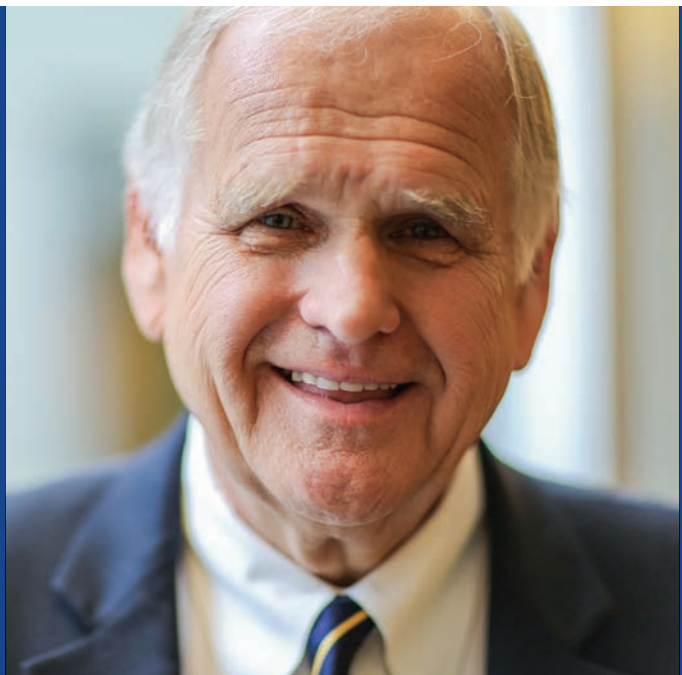
Andrea Serra
Vice President,
Community Care Services



Daniel Tuffy
Vice President,
CMG Operations

“I think with any organization, at the end of the day, it’s all about people. You can have all kinds of fancy machines, you can provide a lot of different services, a lot of different amenities, but at the end of the day, it’s how it’s perceived by the patient. CaroMont has people who truly care.”

John Connor
CaroMont Heart Patient





Continuous Improvement. Unwavering.

In the ever-changing world of healthcare, CaroMont Health is a dynamic organization. We fine-tune our processes. Test and adjust our techniques. We constantly evolve—and improve—so we can deliver world-class medicine to the region we are proud to call home.

CaroMont is a team of nearly 4,000 caregivers, working together to find better solutions, better care and better outcomes for our patients. Throughout the past year, our team's commitment to innovation and progress has earned us recognition as one of the top healthcare providers in the region.

But more important than earning that recognition, we've earned the confidence of those we treat and serve. Ultimately, it is the confidence, trust and respect of our community that enables us to provide excellent care today and tomorrow.

Highly Reliable Healthcare

Highly Reliable Organizations (HROs) are those for whom adherence to safety measures is practically a foregone conclusion. Frequently cited examples of HROs, like companies in commercial aviation and nuclear power industries, foster an environment of “collective mindfulness” in which safety is key. Small problems or unsafe conditions are consistently reported before they pose a substantial risk to the organization. For Highly Reliable Organizations, operations are a daily exercise in continuous improvement.

In its aim to become a Highly Reliable Organization, CaroMont puts patient safety at the very center of our continuous improvement efforts. The ultimate goal in becoming an HRO as a healthcare system is zero patient harm—being able to correct mistakes before they happen.

The process of becoming a Highly Reliable Organization is a series of incremental changes to reach the highest possible levels of quality and safety. As we’ve begun to implement a patient-centered culture of safety, we’ve seen significant improvements in patient outcomes and staff satisfaction alike.

THE FIVE PRINCIPLES OF HIGHLY RELIABLE ORGANIZATIONS:

① Non-complacency

HROs are never satisfied that they have not had an accident for a length of time. They are proactive in preventing accidents or harm.

② Attention to detail

Employees of HROs are cognizant of the subtle differences among safety threats, and can respond accordingly.

③ Sensitivity to operations

HROs recognize that the earliest indicators of a threat typically appear in small operational changes.

④ Resilience

An HRO can prevent the harm that results when small errors mushroom into major problems.

⑤ Deference to expertise

HROs delegate decision-making to those with the greatest expertise in any new safety situation, regardless of organizational hierarchy, rank or seniority.

Clinically Led, Professionally Managed

More health systems are adopting integrated models to manage their internal structures. Throughout the past year, CaroMont has implemented an integrated model of management in the form of its dyad approach. The leadership dyad model pairs a qualified physician and non-physician manager, encouraging efficient decision-making with a balance between business and clinical operations.

Most clearly described as “clinically led, professionally managed,” this model promotes shared accountability for clinical quality, service excellence and financial performance. While clinical decisions may be driven more by physician leaders, and administrative by non-physician leaders, the reality is that dyad partners are in constant contact with one another. This allows us to more effectively manage our service lines with increased focus on the patient journey through our system.

This structure positions CaroMont as a health system capable of providing the highest quality care in a financially responsible manner. It improves internal and external communications, prepares us for the changing healthcare environment and ultimately allows us to provide a superior level of patient care.

SERVICE LINES AND LEADERS:

Acute Care

Costa Andreou, MD
and Craig Greer

Cardiovascular

James Greelish, MD,
Mark Thompson, MD
and David Selby

Oncology

Steven Yates, MD
and Rick Varterasian

Musculoskeletal and Neurosurgery

Ian Archibald, MD,
Steven Gudeman, MD
and Allen Marsh

Primary Care

John Scheitler, MD,
David Rinehart, MD
and Lauren Wright

Surgery

Harry Caulfield, MD
and Allen Marsh

Women's

Ramada Smith, MD
and Rick Varterasian



“As soon as you walk in that door, they know your name. And the professionalism, the staff, the doctors they have here at CaroMont are wonderful.”

Kenneth Gamble
CaroMont Cancer Center Patient

CaroMont Joins Medicare Shared Savings Program

Medicare Accountable Care Organizations (ACOs) are groups of doctors, hospitals and other healthcare providers brought together voluntarily to provide coordinated high-quality care to their Medicare patients. The goal is to ensure that patients, especially the chronically ill, get the right care at the right time, avoiding unnecessary duplication of services and preventing medical errors.

As the number of Medicare beneficiaries served by ACOs continues to grow, 2014 results from the Centers for Medicare and Medicaid Services indicate that ACOs are delivering higher quality care to more and more Medicare beneficiaries each year, while generating savings for Medicare.

When an ACO demonstrates that it has delivered high-quality care, and effectively reduces spending of healthcare dollars above certain thresholds, it is able to share in the savings generated for Medicare. In the past year, CaroMont was one of the ACOs that generated shared and received savings.

“We are extremely proud to be able to report shared savings during our first performance year. Our success is directly attributable to the excellent collaboration we have between our hospital, doctors, healthcare providers and care coordination team.”

Doug Lockett
President and CEO
CaroMont Health



Hard Work, Rewarded

The CaroMont Health team works day and night to strengthen the health of our region. In the past year, we've been privileged to receive honors from some of the most prominent names in the medical community.

A THE LEAPFROG GROUP, INC. **Grade "A" for Patient Safety** Spring 2015

CaroMont Regional Medical Center received an "A" grade, the highest rating available, in the Spring 2015 Hospital Safety Score. This score rates how well hospitals protect patients from preventable medical errors, injuries and infections within the hospital. This marks the third time CaroMont has been awarded an "A" grade.



THE JOINT COMMISSION **Gold Seal of Approval®** 2015

In April 2015, CaroMont earned The Joint Commission Gold Seal of Approval®—an internationally recognized symbol of quality. This important three-year accreditation means that our facility meets The Joint Commission's rigorous performance standards in delivering safe and effective care of the highest quality and value.



BECKER'S HOSPITAL REVIEW **100 Great Community Hospitals** July 2015

Becker's Hospital Review named CaroMont Regional Medical Center in 100 Great Community Hospitals, a list that is based on community hospitals' accolades, quality and service to their communities.



MENDED HEARTS NATIONAL **Mended Hearts Hospital of the Year** June 2015

CaroMont Regional Medical Center was recognized with the Mended Hearts Hospital of the Year Award, out of more than 600 hospitals nationwide. This award is the result of hard work and commitment by nearly 100 Mended Hearts volunteers, along with the support of hospital leadership and staff.

ADDITIONAL HONORS FROM THE PAST YEAR:

**American College of Radiology
Commission on Cancer
(CoC) Accreditation**
2014–2017

**American Heart Association
Get With The Guidelines® Heart
Failure Gold Plus and Target: Heart
Failure Honor Roll**
June 2014–July 2015

**American Stroke Association
Get With The Guidelines®
Stroke Gold Plus and Target:
Stroke Elite Honor Roll**
June 2014–July 2015

**Business North Carolina
Best Hospitals in NC**
January 2015

**Fairwarning, Inc.
Privacy Excellence Award
Outstanding Contributions**
April 2015

**Gaston Regional Chamber
Spirit of Economy Award**
October 2014

**HealthStream
Certificate of Excellence**
April 2015–June 2015

**Prevention Partners
WorkHealthy America
Excellence Recognition**
January 2015

**U.S. News & World Report
Best Hospitals in Charlotte Metro**
2014

Recognizing Regional Excellence in Nursing

The Great 100 Nurses of North Carolina program recognizes nursing excellence in North Carolina. Honorees are nominated and selected for their outstanding abilities as registered nurses and caregivers.

This year, six incredible nurses from CaroMont Health and CaroMont Regional Medical Center received the Great 100 Nurses of North Carolina award, honoring their exceptional skill and contributions to healthcare services. As leaders in their field, these nurses are a reflection of our nationally recognized program for nursing excellence.



Lynn D. Lahm
BSN
Pre-Anesthesia
Screening Services



Susan Leonhardt
BSN, RN, PCCN
Cardiovascular
Short-Stay Unit



Harlen McGuire
BSN, PCCN
Post-Coronary
Care Units



Susan I. Padgett
RN, CAPA
Pre-Anesthesia
Screening Services



Elizabeth Porter
RN-BC
Cardiovascular
Short-Stay Unit



Denny Smith Powell
RN
Pre-Anesthesia
Screening Services



**AMERICAN NURSES
CREDENTIALING CENTER**

Magnet® Designation

Since 2007

Developed by the American Nurses Credentialing Center (ANCC), Magnet® is the leading source of successful nursing practices and strategies worldwide. The Magnet Recognition Program® recognizes healthcare organizations for quality patient care, nursing excellence and innovations in professional nursing practice. Magnet® designation is the highest level of recognition that an organization can receive for quality nursing care, awarded to hospitals that satisfy a set of criteria designed to measure the strength and quality of their nursing program. CaroMont Regional Medical Center is proud to be one of few hospitals to receive two Magnet® designations.

Going Above and Beyond: CaroMont Health's Nightingale Award

Each year, CaroMont Health bestows a number of nursing awards to exceptional caregivers in our community. Representing superior contribution to the CaroMont nursing program, the Nightingale Award is our most prestigious nursing honor. This award is presented annually to one caregiver who has truly distinguished themselves through their nursing excellence, professionalism, community service and commitment to continuing education.

2014 NIGHTINGALE AWARD RECIPIENT



Eleanor Callister

This year, we were honored to present Eleanor Callister, RN, CDE, Diabetes Center with CaroMont's Nightingale Award. Recognized for her exceptional work in our diabetes program and commitment to the CaroMont Health community, Eleanor embodies the CaroMont approach to compassionate care. Our Diabetes Center operates under a core belief that people with diabetes can lead healthy, productive and enjoyable lives. As a caregiver, Eleanor empowers her patients to build healthy lifestyles.

PREVIOUS NIGHTINGALE AWARD WINNERS:

2013: Leslie D. Bolin, MSN, RN, CCRN-CMC,
Cardiovascular Short-Stay Unit

2012: Holly M. Eury, RN, ONC, HMI,
Orthopaedics

2011: Barbara Williams, BSN, RN, CPAN,
Post-Anesthesia Care Unit

2010: Sarah W. Tate, RN-C,
Express Care

2009: Daphney M. Tench, MSN, RN, CNS, CEN,
Emergency Services

2008: Rebecca Waters, RN, CPAN, CAPA,
Day of Surgery Unit

2007: Kathleen Champion, BSN, RN, CHFNP,
Post-Acute Services

2006: Janice Thomas, BSN, RN, CWCN,
Wound Center

2005: Jackie Pendleton, MSN, RN, CAPA,
Surgical Services

2004: Chris VanDyke, MSN, RN, APRN-BC,
Medical Services

2003: Laura Wells, BSN, RN, OCN,
3 South

2002: Nancy Richard, MSN, RN, GMH,
Home Health

2001: Robin Lang, MSN, RN, MBA, DNP,
Patient Care Informatics

2000: Toy Stone, BSN, RN, CPAN,
Post Anesthesia Care Unit

1999: Jamie Christopher, BSN, RN, CCRC,
Perioperative Services

1998: Debra Adams, RNC, 5 South

1997: Mary Subler, RN, CCRN, CPAN, CAPA,
CaroMont Specialty Surgery

1996: Susie Stokes, MSN, RN, ACNS-BC,
Surgical Services

1995: Beth Canipe, MSN, RN, OCN,
Women & Children's Health Services

1994: Karen Willis, BSN, RN,
Cardiac Health & Fitness Center

1993: Deborah Huggins, RN,
Post-Intensive Care



VA
medical

trueBEAM

Strategic Investment. Unparalleled.

Just as we help patients plan for a healthy future, we are also committed to planning and creating a healthy future for our organization and community. That planning gets put into action through strategic investments in everything from medical research and technologies to professional education, facilities and workforce development.

We inspire and educate rising healthcare professionals at local high schools and universities. We build and renovate facilities to better meet the needs of our patients. We fund programs that give low-income residents access to essential health services.

As one of the largest not-for-profit organizations in the region, we are proud to donate and disperse millions of dollars in and around Gaston County each year. It's one of the most important ways we show how we care: by honoring our local roots and helping to cultivate a healthy region for generations to come.

Defining Our Local Legacy

On March 12, 2015, the Board of Directors of CaroMont Health and the Gaston County Board of Commissioners signed a momentous lease amendment that helps ensure CaroMont’s presence as a healthcare provider and not-for-profit resource in the region. The terms of this extenuated partnership between Gaston County and CaroMont foster a solid foundation for growth and development in the health of our community.

“**This agreement will strengthen the financial state of the County and also allow CaroMont Health to finally feel confident that we are in a position to retain our long-term stability as an independent health system.**”

William "Gus" Anthony
Chairman, CaroMont Health
Board of Directors

This amendment includes significant provisions for financial contributions to the County, as well as other commitments that support and spur local health services and economic development initiatives. It also extends the property and structure lease of CaroMont Regional Medical Center for another 40 years (through 2055).



A few highlights of this agreement that will benefit Gaston County communities, as well as drive CaroMont’s impact on the region:

One-time
\$20
MILLION

payment to Gaston County.

\$200
MILLION

to campus-based capital investments over the next decade, using its best efforts and judgment to ensure that local contractors and construction workers are preferred for those jobs.

\$450,000

per year, in service of community health promotion and investment in active lifestyle options in Gaston County.

Expanding Our Emergency Services

The need for emergency services in the area has only grown since our Emergency Department's last renovation in 1999. At that time, the Department served approximately 60,000 patients a year—a number that has since jumped to nearly 100,000, making it one of the busiest emergency facilities in the state. CaroMont has grown and enhanced its emergency services in Gaston County to meet this increased demand.



CaroMont Regional Medical Center—Mount Holly

With the capacity to treat more than 30,000 patients per year, Mount Holly's new 38,000-square-foot Emergency Department opened in January 2015. This freestanding facility emphasizes immediate care for emergency patients. Uniquely designed to use an innovative, "no wait" treatment model for patient care delivery, the facility features six Rapid Medical Evaluation rooms that expedite triage and initial assessment by a physician/nurse team. The new facility also offers 12 exam rooms, 2 resuscitation rooms, a diagnostic imaging suite (CT, X-Ray, Ultrasound) and laboratory.

A Renovated Emergency Department at CaroMont Regional Medical Center

The \$16.5 million, 10,000-square-foot renovation of the existing Emergency Department at CaroMont Regional Medical Center will create more space for a larger waiting area, four private triage rooms and a care transition area to provide more comfort for patients and their families. The new space will also feature pediatric care with a separate waiting area and treatment rooms specific to the needs of those patients. The renovation is slated for completion in 2016.

Investing in the Future of Healthcare

When we invest in the education of local healthcare students, we invest in the future of healthcare. In the past year, CaroMont Health invested \$2.8 million to cover the costs of student rotations and education in our community. This includes the use of equipment, staff and instructor time and program development for curricula at both the secondary and higher education level.

INVESTED
\$2,800,000
 In Student Education



OUR PARTNER SCHOOLS AND PROGRAMS:

- Alderson Broaddus University
- Appalachian State University
- Caldwell Community College and Technical Institute
- Catawba Valley Community College
- Central Piedmont Community College
- Cleveland Community College
- Concordia University
- Duke University
- Edward Via College of Osteopathic Medicine
- Gaston College
- Gardner-Webb University
- Liberty University
- Lincoln Memorial University
- Ohio State University
- Rutgers University
- Samford University
- Thomas Jefferson University
- University of Cincinnati
- University of North Carolina
- University of South Carolina
- Vanderbilt University
- Western Carolina University
- Wingate University
- Winston-Salem State University
- Winthrop University
- York Tech

Research for a Healthier Tomorrow

INVESTED
\$1,000,000
In Research Programs

Research programs are the key to innovation and advancement in healthcare and CaroMont Health is dedicated to supporting our medical professionals in the pursuit of new treatments. CaroMont Health participated in a number of national research trials and programs in 2015. CaroMont invested \$1 million, \$701,000 of which was unreimbursed, in these programs for treatments, procedures, medications and staff time.

Recruiting and Retaining Top Physicians

INVESTED
\$1,200,000
To Recruit, Train and Retain Highly-Skilled Physicians

CaroMont Regional Medical Center boasts a robust and talented medical staff of more than 450 physicians. Many CaroMont Health physicians, from a number of disciplines, are recognized regionally and nationally for their work and achievements.

CaroMont Health consistently seeks to recruit leaders in the field of medicine and invests in the medical staff in a number of ways, including attendance at industry conferences and offering continuing education opportunities. In 2015, CaroMont invested \$1.2 million to recruit, train and retain highly-skilled physicians to provide nationally-recognized, high-quality care.



CaroMont Health Foundation: Funding a Healthy Future

A dollar can go a long way in building a healthy community. When our supporters donate to CaroMont Health Foundation, their contributions fund the programs, initiatives and equipment that are essential to meet the medical needs of those we serve. Every dollar is an investment in a healthy future for Gaston County. For the generous donors who partner with CaroMont Health Foundation, that investment can translate to funding for community support, education opportunities, scholarships, community health screenings and more.

In addition, the Foundation disperses grants for programs that tackle the tough healthcare issues in our region. These funds have gone to support important work such as our mobile mammography program, indigent medications, sepsis education and awareness, Backpack Weekend Food Program, Boys and Girls Club of Greater Gaston, The Dream Center, The Schiele Museum, Cancer Center dental services, CT lung screenings, safe beginnings, faith and health ministry, exercise programs for cancer patients, COPD, heart failure, diabetes education and smoking cessation. This year, the CaroMont Health Foundation awarded more than \$500,000 in grants to such programs and projects, which are fundamental to bettering the health of our region.

Contributions to the CaroMont Health Foundation are gratefully received from various donors, as well as Team CaroMont, an internal giving program for CaroMont employees and volunteers. The Foundation's efforts are also supported through fundraising and sustainable donor groups like Women Optimizing Wellness (WOW).

CaroMont Health Foundation: Making a Difference

2,000+

**GENEROUS DONORS
HELP US PROVIDE**

MILLIONS

IN COMMUNITY SUPPORT

BOARD OF DIRECTORS

James Bailey
Martha Burris
Lenora Crabtree
Joseph Davis
Michael Dickson
Mary Frances Forrester
William K Gary
Kelvin Harris
Henry Massey
Charles Niemeyer
Janie Peak
Tim Paschall
Jennifer Stultz

**11 GRANTS IN 2015
AWARDED MORE THAN**

\$500,000

For Community Health Projects

**6 SCHOLARSHIP PROGRAMS
IN 2015 AWARDED NEARLY**

\$150,000

From CaroMont Health Foundation and
CaroMont Regional Medical Center Auxiliary

100%

of Donations Go Directly to Improve Our Community

DONOR PROGRAMS

Gaston Hospice has served the people of Gaston County since 1981. In service of those who deserve dignity and hope in the face of serious illness, Gaston Hospice provides comfort and compassion to our patients and their families, while strengthening our community through advocacy, education and volunteer efforts.

Women Optimizing Wellness (WOW) is a women's health-focused philanthropy group, established to enhance the health and wellness of Gaston County through collective giving, education, mentorship and a competitive grant process.

The Society of 1946 is a donor recognition society created to celebrate the year in which a privately-owned medical facility became our community's hospital. Members of this group make an annual commitment that totals at least \$1,946 to one or more designations within CaroMont Health.

The CaroMont Health Hero Program provides a giving opportunity for patients or clients of CaroMont Health to honor outstanding employees.

Team CaroMont is a way for employees and volunteers to provide financial support for the programs and capital needs of CaroMont Health.

2015 DONOR PROFILES

8

Health Hero Donors

85

Run for the Money Donors

108

Women Optimizing Wellness Donors

357

Team CaroMont Donors

1,600

Other Foundation and
Gaston Hospice Donors

A Banner Year for Team CaroMont

CaroMont’s employee and volunteer giving campaign, Team CaroMont, tipped off with a basketball-themed event in early March. More than \$134,000 was raised or pledged in 2015.

Designated for specific purposes across the health system, Team CaroMont donations will have real impact on CaroMont as an organization. Donations for the Employee Scholarship Fund will be used to establish the Team CaroMont Scholarship. Designations for the Pediatric Care Center are being used to provide amenities in the waiting area. Where the Need is Greatest donations will be used for Foundation grant funding, and funds for Gaston Hospice will be used to help offset operational expenses at the Robin Johnson House.



Banding Together for Community Health



Women Optimizing Wellness (WOW) is a women’s health-focused philanthropy group, established to enhance the health and wellness of Gaston County through collective giving, education, mentorship and a competitive grant process. By the end of last December, more than 100

Gaston County women signed on as Leading Ladies, or founding members. An initiative of the CaroMont Health Foundation, WOW has approved operating guidelines and recently elected an executive committee.



Artwork at CaroMont Regional Medical Center—Mount Holly
Jan Craft, *In Full Bloom*

2015 Grant Recipients



The CaroMont Health Foundation awarded 11 grants this year, totaling more than \$500,000. Focusing on anti-tobacco and nutrition-based initiatives, these grants reflect CaroMont's commitment to community health and wellness. These grants were funded from earnings on investment holdings, which were established primarily from contributions from operating profits from CaroMont Health before 2012.

GRANTS TO COMMUNITY NON-PROFITS

BackPack Weekend Food Program, Inc.

Funds will provide weekend food bags with non-perishable, individually portioned, nutritionally balanced food for Gaston County school children.

Boys and Girls Clubs of Greater Gaston

Funds will be used for the development of new health-focused programming, including cooking classes, Garden Club, Club Menu for Junior Chefs, Family Fitness events and staff challenges to stay healthy.

The Dream Center of Gaston County, Inc.

Funds will provide 80 participants with two sessions of “Growing a Healthy Child,” a six-week nutrition education and healthy life-behaviors class.

The Schiele Museum of Natural History and Planetarium

Funds will develop the STEMS Outreach Program “Dirt Made My Lunch,” which teaches third grade students about where their food comes from, how to understand food waste and how to make healthy eating choices.

GRANTS FOR CAROMONT SERVICES

CaroMont Cancer Center: Dental Services

Funds will be used to cover the costs of medically necessary dental services for patients with financial barriers before they begin radiation therapy.

CaroMont Cancer Center: CT Lung Cancer Screening

Funds will be used to meet the cost of lung screenings for patients with financial barriers.

Birthplace and NICU: Safe Beginnings

Funds will provide car seats, home health services, pack 'n plays, blankets, diapers, bottles and hygiene items for families with financial barriers who have given birth in CaroMont Health's Birthplace.

Indigent Medications and Services

Funds will provide services for indigent patients such as medications at discharge, cremation services (if needed) and short-term rehab placement.

Faith and Health Ministry

Funds will be used to cover the expense of the "Foundations in Faith Community Nursing" course for up to 10 registered nurses.

Wellness Department Grant

Discover You!, Fun Fit Family Challenge, Quit Smart, PRIDE, Lose it for Good

Funds will go toward community programs on topics that include healthy cooking and eating, family exercise, smoking cessation, exercise strategies for cancer patients and a weight loss program.

Chronic Disease and Self-Management: COPD, Heart Failure, and Diabetes

Funds will be used to purchase self-management tools and educational materials for patients identified with high risk chronic disease, COPD, heart failure and diabetes diagnoses.

2015 Scholarship Recipients



This past May, CaroMont Health awarded nearly \$150,000 through 74 scholarships to outstanding students. Scholarship funding is provided by donations to the CaroMont Health Foundation and the CaroMont Regional Medical Center Auxiliary.

The Wayne F. Shovelin Scholarship

Founded in 2009 through a generous donation from the Duke Kimbrell Family Fund in honor of retiring CaroMont Health CEO Wayne Shovelin, this scholarship provides one student a four-year scholarship worth up to \$80,000.

This year's recipient, Bailey Thomasson, graduated second in her class at South Point High School where she earned numerous academic accolades and was active in a number of extracurricular activities. Bailey is now a freshman at UNC-Chapel Hill, where she is majoring in biology in her pursuit to become a pediatric orthopedic surgeon.



Jeff Booker, Julie Shovelin, Wayne Shovelin, Bailey Thomasson and Doug Lockett

The Mr. and Mrs. Joe R. Hudson Nursing Scholarship

Mr. and Mrs. Joe Hudson established the Hudson Scholarship in 1974. Awards from this scholarship loan program are given to students accepted into nursing programs who intend to become, or remain, a CaroMont Health employee after completing their studies.

2015 scholarship recipients: Olivia Anderson, Carmen Cloninger, Patricia Goble, Dee Dee Howell, Ashley Isaac-Dockery, Renee Lawing, Victoria Lingenfelter, Lisa Marlow, Pam Moss, Susan Murphy, Haley O'Brien, Misty Partin, Sharon Pilkington, Amanda Pritchett, Cara Robb, Paula Robb, Julie Scott, Kristin Smith, Maelia Stamey and Daphney Tench

The Lonnie and Rachel Waggoner Nursing Education Scholarship

The Lonnie and Rachel Waggoner Nursing Education Scholarship is a permanent endowment established in 2005. Awards from this scholarship are given to students seeking an accredited degree in the field of nursing (LPN, RN or BSN).

2015 scholarship recipients: Lauren Biggers and Catherine Bynum

The H. Spurgeon Mackie, Jr. Scholarship

The Mackie Scholarship was established in 2006, in honor of H. Spurgeon Mackie, Jr., a long-standing Board Member and friend of CaroMont Health, upon his retirement from Wachovia Bank. Awards from this scholarship program are given to students majoring, or continuing their education in nursing and/or allied health professions.

2015 scholarship recipients: Wanda Flowers, Daniel McCurry, Yvonne Nguyen and Jessica Weathers

Lee Bucci Professional Nursing Scholarship

The Bucci Scholarship Fund was established in 2012, in honor of Lee Bucci, when she retired as Director of Gaston Hospice. This scholarship is awarded to a student seeking an accredited degree in the field of nursing (LPN, RN or BSN), with special consideration given to the field of palliative care.

2015 scholarship recipient: Julie Scott

The Gertrude Clinton Health Career Scholarship

The CaroMont Regional Medical Center Auxiliary established this scholarship in 1971 as a revolving loan fund. Following Mrs. Gertrude Clinton's death, the fund was changed to a scholarship in her memory. Mrs. Clinton served as Gaston County Social Services Director, Personnel Director for CaroMont Health and was a founding member and President of the Gaston Memorial Hospital Auxiliary.

2015 scholarship recipients: Olivia Anderson, Taylor Bailey, Lauren Biggers, Hannah Broome, Shallie Bryant, Catherine Bynum, Page East, Wanda Flowers, Patricia Goble, Kim Gullstrand, Jason Hance, Ashley Isaac-Dockery, Kristin Lewis, Victoria Lingenfelter, Josie Lucas, Brooke Malone, Lisa Marlow, Daniel McCurry, Addison McElveen, Taylor McEntire, Macey McSwain, Hannah Merritt, Pam Moss, Susan Murphy, Yvonne Nguyen, Haley O'Brien, Karin Okonski, Misty Partin, Sharon Pilkington, Amanda Pritchett, Courtney Psomadakis, Cora Robb, Paula Robb, Bethany Sawyer, Julie Scott, Elizabeth Scronce, Sonni Sly, Deven Smirz, Kristin Smith, Lindsey Smith, Maelia Stamey, Daphney Tench, Austin Toney, Jessica Weathers, Makayla Wykle and Sharon Zurline

Artistic Collaboration for Mount Holly

As the CaroMont Regional Medical Center in Mount Holly was constructed, a team of committed volunteers, led by former Board Member Mr. Henry Massey, developed a plan to feature the work of local Gaston County artists in the new facility. In this truly collaborative effort with the community, local artists developed the themes for the artwork while the CaroMont Health Foundation worked with donors to raise funds for the project.



LOCAL ARTISTS, THEIR CONTRIBUTION AND DONORS:

Curt Butler
Kayak, Thoroughfare, Downtown and Active Pastime

These paintings were made possible through generous donations from Mr. and Mrs. Henry Massey of Mount Holly, Robins & Morton of Charlotte and the City of Mount Holly.

Leigh Brinkley
Rivers of Thread

This piece was made possible through a generous donation from Mr. and Mrs. Yates Springs of Mount Holly.

Jan Craft
In Full Bloom

This sculpture was made possible through a generous donation from Mr. and Mrs. Fred Jackson of Gastonia.

Jackie Radford
A Consideration of Time

This piece was made possible through a generous donation from Mr. and Mrs. Carlton Broome of Mount Holly.

Recognizing a Community Leader

The family of the late Senator James S. Forrester, Sr., MD, was honored in April at a reception in appreciation for their generous donation to the CaroMont Health Foundation. During the reception, the Physicians' Lounge at CaroMont Regional Medical Center was renamed the Senator James S. Forrester, Sr., MD Physicians' Lounge. Dr. Forrester served on CaroMont's Board of Directors for 12 years, was an active staff physician and was integral in the growth and success of CaroMont Health.

Dr. Forrester began his medical career in 1963, upon graduation from the Bowman Gray School of Medicine at Wake Forest University. He delivered more than 3,000 babies while working with the Gaston County Health Department, and was named East Gaston High School's "Chief Medicine Man" for his more than 20 years of service as the Friday night football team physician.



The family of late Senator James S. Forrester, Sr., MD, celebrating the Physicians' Lounge dedication.

WALK



Community Engagement. Unyielding.

A great health system is just one part of a healthy community. For more than fifty years, we have worked well beyond our hospital campus and medical practices to fully integrate ourselves in Gaston County, boosting the health and wellness of those around us.

CaroMont's deep, enduring relationship with our community is what makes us a trusted, valued partner. The people of Gaston County aren't just our patients. They're our neighbors, our friends, the people we care about.

It's as a neighbor and partner that we work with local officials, veterans and civic groups. It's as a committed friend that we get out and walk with our patients, around our campus or in a 5K. It's as an ally that we sponsor programs with educational groups and athletic teams, supporting those who help our community thrive.

CaroMont's commitment to the health of Gaston County is what makes us a vital, vibrant part of local life. We don't keep our community at arm's length; we embrace it whole-heartedly. We do this not only to strengthen the personal connection to those we serve, but to make our region a healthy, happy place to live, work and play.

Partnering for a Healthier Region

HIGHLIGHTS OF THIS YEAR'S PARTNERSHIPS

Gaston County Schools—Athletic Training Program

In July 2014, CaroMont Health and Gaston County Schools announced a partnership to provide athletic training support and services. The partnership places CaroMont Health as the exclusive athletic training provider for the County's high school athletes.

Goat Island Park Fitness Project

Through a \$50,000 donation, CaroMont Health partnered with the Town of Cramerton to fund the construction of a new fitness pavilion at Cramerton's Goat Island Park. The pavilion opened in May 2015, and includes a course of nine fitness stations located throughout the park.

Partnership with the Gastonia Grizzlies

As a founding partner of the Gastonia Grizzlies, CaroMont Health provided athletic training services, instructed participants of the Grizzlies Summer Camp on the prevention and treatment of common baseball injuries and also sponsored the Strike Out Cancer event to recognize cancer survivors in the community.

FaithHealth-Gaston: Helping Elder Neighbors in Need

After a hospital discharge, many elderly patients go without proper nutrition or prescribed therapies, due to lack of access to transportation or help. In response to this need, CaroMont is proud to collaborate with the newly formed FaithHealth-Gaston group. Connecting elderly patients with compassionate community volunteers, FaithHealth provides a valuable support network in times of need.

Other sponsorships over the past year include:

Boys and Girls Club of Greater Gaston

Dancing for Future Stars

City of Belmont

CaroMont Criterium

Community Foundation of Gaston County

Run for the Money

Holy Angels

Angel Bowl and Grazie Mille Weekend

The McAdenville Foundation

Christmas Town USA Celebration

We are also proud of our work with Chamber of Commerce groups across the region:

Bessemer City

Chamber of Commerce

Gaston Regional Chamber

Montcross Area

Chamber of Commerce

Lincolnton/Lincoln County

Chamber of Commerce

CaroMont's Ambassadors for Community Health

The journey to health and wellness goes well beyond the medical campus, and CaroMont Health employees are external ambassadors of that commitment to community well-being. Their efforts come to life in a variety of ways: they volunteer, fundraise and contribute significant time and resources to several causes that directly impact the health of our community.

SOME HIGHLIGHTS FROM THIS PAST YEAR

2015 CaroMont Heart Walk

More than 400 participants gathered on the front lawn of CaroMont Regional Medical Center to take part in the 12th Annual Heart Walk, a one-mile walk that raised more than \$12,500 for the Heart Society of Gaston County



United Way Pacesetter Campaign

The United Way Pacesetter Campaign gives CaroMont Health employees the opportunity to support more than 23 local organizations with the ease of a single donation. In the last fiscal year, CaroMont Health employees contributed nearly \$70,000 to the United Way.

Community Groups and Initiatives

Volunteer efforts and board appointments are a couple of ways CaroMont employees give where they live. We serve on local boards and work closely with partner groups that have significant impact on the health of the region, like Gaston Together and HealthNet Gaston. Involvement with these community groups helps us see residents' needs clearly, which in turn enables us to tailor our own programs and services to the interests of the community at large.



2nd Annual CaroMont Community Challenge

MORE THAN
1,000
PARTICIPANTS

The second annual CaroMont Community Challenge was a major milestone for our community health efforts in 2015. A 5K run and 1-mile “fun walk,” and the final piece of a 9-week Couch-to-5K training program, this event is one example of how our community health programming inspires, encourages and supports individuals in Gaston County.

Held at Stuart W. Cramer High School in Belmont, the Challenge boasted more than 1,000 participants and raised more than \$12,000 to support Gaston County Schools' Robotics Program. High school athletes tested their abilities, as nearly 50 athletes competed in an inaugural Combine event.

Beyond the race, various wellness activities and local celebrity entertainment kept the crowd energized, courtesy of athletic personalities like Leonard Hamilton, men’s basketball coach at Florida State University, Jesse Cole with the Gastonia Grizzlies and Brian Rushing with Belmont Abbey Athletics. The Challenge also brought Gaston County community groups and vendors together to highlight the many healthy living resources available in the local area.



Unveiling Our Veterans Monument

CaroMont Health celebrated a landmark event in May 2015, with the dedication of a Veterans Memorial that acknowledges the sacrifices made by our community's men and women in uniform. Intended to honor veterans of all wars and conflicts, the monument's centerpiece is aligned with bronze medallions representing the five branches of the military. It is an inclusive memorial that tells the story of the hospital as a product of 70 years of veteran and community contribution.

Perched on a prominent lawn near the hospital's Birthplace and the visitor parking deck, the open-air monument is surrounded by benches and features a metal sculpture resembling an eternal flame. All elements were designed to make the monument a contemplative space where community members share stories and reflect upon the memorial's historical significance.

With input and support from the Veterans Council (formed in 2013), CaroMont broke ground on the structure in Fall 2014 and began construction in January 2015.

“Remembering our heritage and honoring those who have served in our armed forces is the right thing to do for our veterans, our hospital and our community.”

Doug Luckett
President and CEO
CaroMont Health



Gaston Hospice: A Tradition of Compassionate Care

Celebrating more than 30 years of service to the Gaston County community, Gaston Hospice supports patients with life-limiting illnesses. Whether it is providing palliative care or making provisions for patients to remain comfortable at home for as long as possible, our team of physicians, nurses, aides and counselors guide patients through the end-of-life process. In addition to addressing physical pain and symptoms of those receiving hospice care, Gaston Hospice attends to the social, emotional and spiritual needs of its patients and their loved ones.

Gaston Hospice has grown its programs and services to meet the community's increased need for hospice, palliative and bereavement care. In service of those who deserve dignity and hope in the face of serious illness, we provide comfort and compassion to our patients and their families, while strengthening our community through advocacy, education and volunteer efforts.

Compassionate Care, Year-Round

ORGANIZATIONAL SNAPSHOT

51,482

TOTAL PATIENT DAYS

138

AVERAGE NUMBER
OF PATIENTS PER DAY

Average length
of stay: **53 days**

Median length
of stay: **12 days**

384

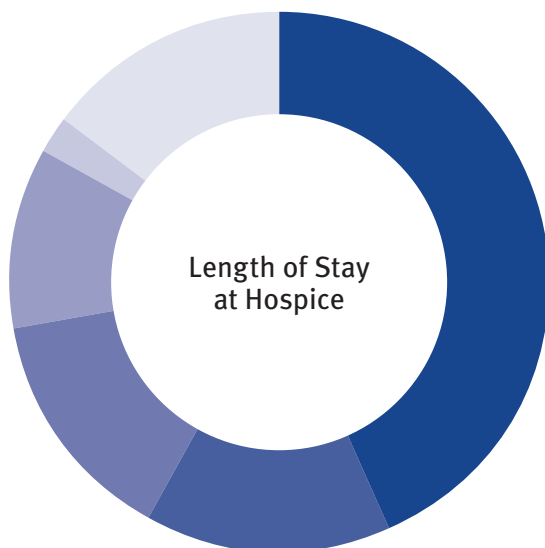
Patients cared for at
Robin Johnson House

189

Patients cared
for in hospital

234

Patients cared for in
long term care facilities



43.5% patients
under hospice care fewer than 7 days

14.8% patients
under hospice care 8–14 days

14.1% patients
under hospice care 15–30 days

10.7% patients
under hospice care 31–60 days

2.4% patients
under hospice care 61–90 days

14.5% patients
under hospice care more than 90 days

Driving Hospice Success

FINANCIAL DATA

GASTON HOSPICE FINANCIAL NUMBERS FOR FISCAL YEAR 2015

\$10,300,000

Net Patient Service Revenue

\$400,000

Unrestricted Public Support

\$96,000

United Way Designations

\$780,000

Non-Reimbursed Services

\$9,300,000

Operating Expenses

EXECUTIVE DIRECTOR

Richard Lahm

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PATIENT SATISFACTION RESULTS

In 2015, we met or exceeded performance targets across the spectrum of our pillars of excellence. Some highlights from our patient satisfaction surveys:

83% scored overall rating of "Excellent"

96% received support for religious and spiritual beliefs

79% received help "as soon as wanted"

84% of those receiving help during evenings, weekends or holidays reported that we "Always" met their needs

88% received as much help with pain as needed

2015 Program Highlights

Gaston Palliative Services

Palliative care services were expanded to include in-home treatment for our patients, specifically those suffering from Congestive Heart Failure and Chronic Obstructive Pulmonary Disease. Once a week, a Palliative Care Clinic operates on-site at the CaroMont Health Cancer Center.

Gaston Hospice Volunteers

This year, Hospice volunteers made nearly 2,000 patient visits and volunteered 6,733 hours in a variety of roles, including direct patient visits, administrative help with medical records, bereavement, telephone calls and working at special events.

Volunteer efforts saved a total of \$130,000 in operational costs for Gaston Hospice.

Caregiver University

Gaston Hospice offers a quarterly educational series for anyone coping with issues related to caring for an elderly or ill loved one. Along with sharing common challenges, like holding on to faith during a health crisis, participants receive tips from Gaston Hospice nurses and nursing assistants regarding hands-on care, navigating Medicare and Medicaid and preventing common financial fraud issues that often impact senior citizens.

2015 MILESTONES

A Night of a Thousand Stars

Held in early May at the recently renovated and reopened Loray Mill in Gastonia, Gaston Hospice's "Night of a Thousand Stars" event raised more than \$58,000 in support for the Robin Johnson House. Coordinated through the CaroMont Health Foundation and the Outreach Committee of the Gaston Hospice Board, this fundraiser gala showcased "stars" purchased by attendees in honor of loved ones.



Bereavement and Spiritual Care

The New Hope Counseling Center for Grief and Loss is a service of Gaston Hospice available to any persons coping with grief and loss issues in Gaston County and surrounding areas. Over the past year, bereavement counselors made over 12,900 contacts with 2,142 survivors of deceased hospice patients and 104 community clients. In addition, chaplains made more than 2,370 visits to provide spiritual care for hospice patients and families.

OTHER 2015 HIGHLIGHTS INCLUDE:

Grief Workshop for Educational Professionals

In October, Gaston Hospice planned and hosted a workshop on grief counseling for 65 professionals from Gaston County and surrounding area schools. Geared toward counselors and other school professionals who work with grieving children, the workshop sought to help school personnel learn firsthand what grieving children experience and how to help them.

Monthly Support Groups

Beginning in July 2014, the Bereavement Department and Wings for Chloe collaborated to offer a monthly support group for individuals and families who have lost a child in utero or shortly after birth.

Online Registration for Grief Services

Gaston Hospice launched a new online registration process for its grief services, available through the Hospice website. Users can register for grief services, read memorials to loved ones and learn more about what the Hospice has to offer.

University of Kentucky Research Study

In the past year, current and former members of our After Suicide Support Group were invited to participate in a research study from the University of Kentucky. The goal of this 12-month study is to gain a comprehensive understanding of the needs and experiences of survivors of suicide loss.



“CaroMont works with family in mind. They think of a patient as not just a patient, but as part of a family.”

Tabetha Nail
CaroMont Health Patient



“That combination of exceptional healthcare and genuine compassion is one of the most powerful and distinguishing aspects of CaroMont.”



Douglas Lockett
President and CEO
CaroMont Health

This has been another exciting twelve months for everyone in our organization. We have helped thousands of people, we have improved countless processes and we have implemented various new technologies that support the overall health of our region. Most importantly, though, we have delivered world-class medicine and, at the same time, demonstrated the true meaning of local, personal care.

That combination of exceptional healthcare and genuine compassion is one of the most powerful and distinguishing aspects of CaroMont. I truly believe it's our advantage in an ever-changing industry, which is why I was so proud that earlier this year we invited our community to 'Find out how we care.' Those five words are more than just a new tagline or slogan. They have become an ongoing invitation to discover all the ways we deliver exceptional care and outcomes.

Similarly, I think our team is finding out more about itself, too. We're discovering just how remarkable CaroMont's impact can be on the people we serve. From new facilities to new treatments, cutting-edge specialists to community sponsorships, I find that my eyes are opened wider every day to the ways we are helping this region not just heal and get well, but also to stay healthy.

In the coming year, I am confident those realizations will continue. I invite you to join me in looking for even more ways to identify—to 'find out'—new and exciting ways to contribute to the healing and health of this community we all care so much about.

CaroMont Health Foundation is deeply grateful for the generosity of our donors. Your support helps us continue to deliver state-of-the-art care to our community.

Thank you to all who have contributed to building a healthier region.

The Society of 1946 Donors

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Mr. Richard Blackburn
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GOLD

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Peggy Blackburn
Richard Blackburn
Jana Whitman Clark
Gina Cline
Jeannie Davis
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