

2024 Community Health Needs Assessment

CaroMont Health
Implementation Strategy

2025 - 2027

Leading Causes of Death (Disease)

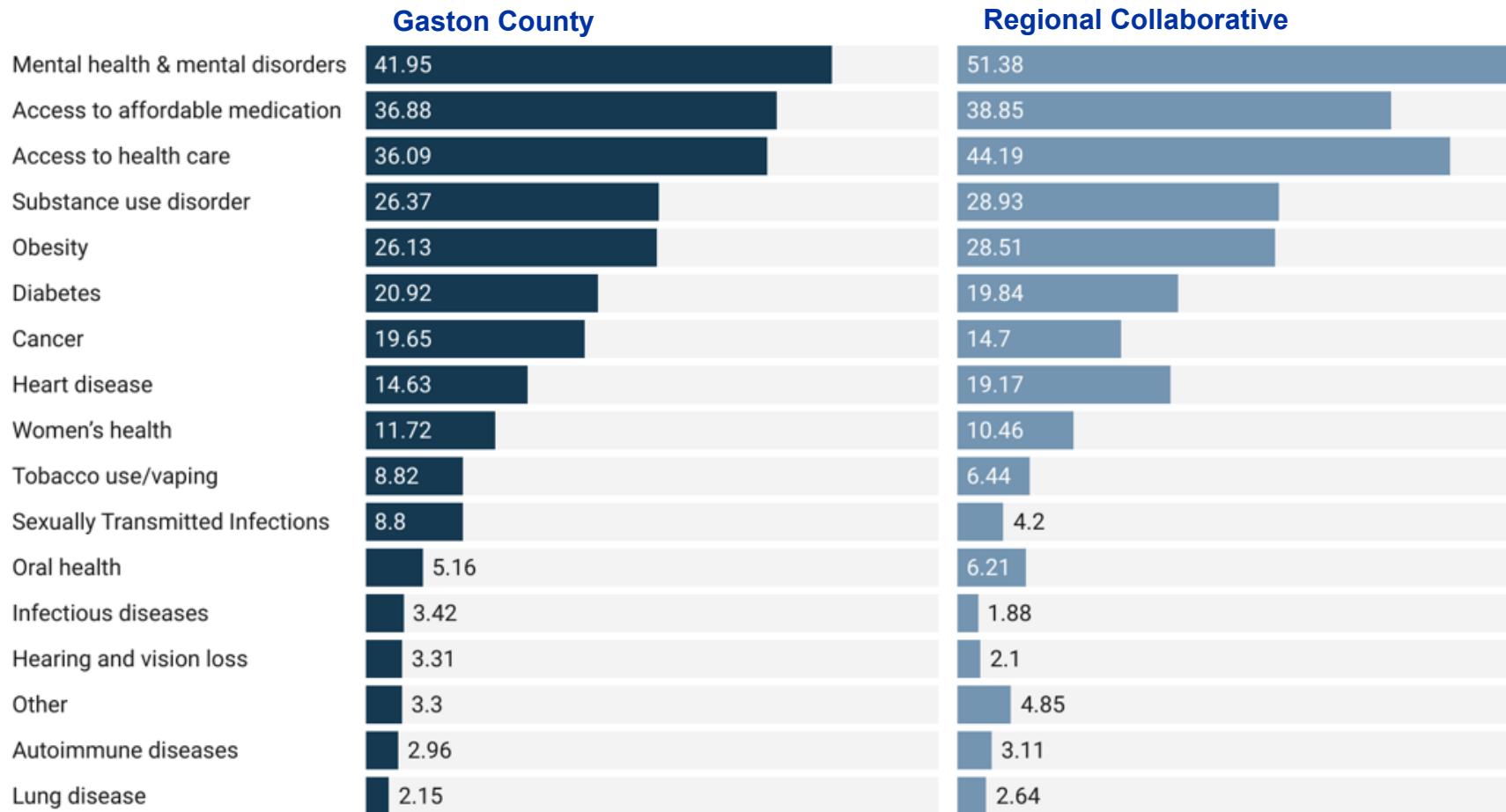
Gaston County, Rate per 100,000 Population

| Rank | 2015 - 2020 | 2017 - 2021 | 2018 - 2022 | 2019 - 2023 |
|------|------------------------|------------------------|--------------------|------------------------|
| 1 | Cancer / 219.9 | Cancer / 220.6 | Heart / 210.8 | Heart / 226.8 |
| 2 | Heart / 213.4 | Heart / 220.4 | Cancer / 205.0 | Cancer / 218.9 |
| 3 | Respiratory / 65.8 | Respiratory / 63.4 | COVID-19 / 78.8 | Accidents / 63.7 |
| 4 | Accidents / 56.8 | Accidents / 62.0 | Respiratory / 75.5 | Respiratory / 60.5 |
| 5 | Cerebrovascular / 55.1 | Cerebrovascular / 54.1 | Alzheimer's / 55.2 | Cerebrovascular / 56.6 |

Source: NC State Center for Health Statistics; Gaston County Public Health Department.

Most Important Health Issues

1,127 Gaston County Resident Surveys, 2025



Source: Gaston County Public Health Department.

Top Health Issues – Gaston County

Quality of Life Surveys, 2025

| Rank | Past Surveys | | | | Current Survey 2025 |
|------|-------------------------|-------------------------|--------------------------------------|----------------------------|------------------------|
| | 2012 | 2015 | 2018 | 2021 | |
| 1 | Obesity | Obesity | Mental Health | Access to Healthcare | Mental Health |
| 2 | Illegal Drug Use | Illegal Drug Use | Illegal Drug Abuse | Infant and Maternal Health | Affordable Medications |
| 3 | Teen Pregnancy | Teen Pregnancy | Prescription Drug Abuse | Substance Abuse | Access to Healthcare |
| 4 | Alcohol Abuse | Alcohol Abuse | Homelessness and Safe Housing | Not Applicable | Substance Abuse |
| 5 | Prescription Drug Abuse | Prescription Drug Abuse | Lack of Healthcare for the Uninsured | | Obesity |

Source: Gaston County Public Health Department.

CaroMont Health Priorities / Implementation Strategy

2025-2027

1. Increase access to care among the following specialties:
 - a) Cardiovascular/pulmonary care
 - b) Family and internal medicine/urgent care
 - c) Oncology
 - d) Surgery
 - e) Women's health
2. Improve the quality of care provided among the following specialties:
 - a) Cardiovascular/pulmonary care
 - b) Family and internal medicine/urgent care
 - c) Oncology
 - d) Surgery
 - e) Women's health